

Area of reflection and contemplation walk: Souter Park to Sundial Park

Healthy Walks in
North Tyneside



A moderate self-led walk of 3.5 miles
taking approximately 70 minutes.

Key to route

-  Direction of walk
-  Landmark

- 1 Starting from Souter Park South, Whitely Bay, use the signalised crossing over Marine Avenue to the Churchill Playing Fields. Continue along the long internal path to the main car park. At this point, turn left to pass the Pavillion building and onto the Avenue Branch Line Waggonway. Turn right onto the Waggonway with Whitley Bay High School grounds on your left. Continue towards the Monkseaton Drive underpass. Before reaching the underpass turn off onto the diagonal path to Monkseaton Drive.
- 2 Once on Monkseaton Drive, turn left along the footway with the high school still on your left through to a signalised crossing over the main road. Cross the road and then turn left again towards Hepscott Drive. Continue along Hepscott Drive through to the Redhouse Farm Bar and Restaurant. Before the bend in the road, turn left onto a diagonal path back onto the Monkseaton Drive footway.
- 3 Remaining on the Monkseaton Drive footway, head up to Earsdon Road passing Sainsbury's on your left. At Earsdon Road, use the signalised crossing over to the South Wellfield side of the road. Turn right and use the next signalised crossing over Hesleyside Road and continue towards Earsdon Village.
- 4 When you reach the main road to the front of Earsdon Village (opposite the Red Lion Inn) turn left and remain on the footway down towards Shiremoor. Passing the Allotment Gardens, turn off the main road with the Grey Horse Public House on your left. Continue along Upper Crone Street onto Park Lane with Shiremoor Metro Station on your right.
- 5 After passing the Metro station you will reach Park Lane, continue along through to New York Road, passing Boundary Mills Retail Park on your left. At New York Road use the signalised crossing opposite the Arnold Clark Car Show Room on the Algernon Industrial Estate.
- 6 Once on the show room side of the main road turn left towards the Northern Power Grid Depot. Immediately before the depot turn right onto a Bridleway with the Industrial Estate on your right through to the main Waggonways opposite Silverlink Biodiversity Park.
- 7 Turn left along the Waggonway and then immediately right onto a Bridleway linking to the south end of the park and The Silverlink North at Cobalt. As the paths heads into the park you will cross another Bridleway, continue to pass a pond on your left. A small distance on you reach a larger pond. Turn right before the pond, heading towards the Sundial. With the pond now on your left you will reach the end of the route at the central remembrance and reflection point.